

Epilepsy awareness

Task 1: Read the infographic and discuss the questions.

1. Look at the title. What do you think it means by 'anyone with a brain'? Could you be affected by epilepsy?
2. Read the infographic quickly. What do these numbers refer to?

40 per cent	50 million	1 in 26
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3. What is a common cause of epilepsy in teens? Brainstorm five things that people your age do that could cause them to have a serious head injury.
4. 'Anyone with a brain can help others.' What do you think that means? How can you help?
5. Were you surprised to learn that not everyone falls and shakes during a seizure? Why do you think this is the best-known type of seizure? Did any other information in the infographic surprise you?

Task 2: Watch a video and discuss these questions.

1. What does the boy do just before and during the seizure?
2. How do the young men react when one of them has a seizure?
3. How does the coach manage the situation? Order the steps he takes during and after the seizure.

STEPS

- a. ___ The coach comforts a young boy who looks scared.
 - b. ___ He puts some towels under the boy's head.
 - c. ___ He times the length of the seizure.
 - d. ___ The coach tells everyone to move away and give the boy some space.
 - e. ___ He asks the boys to help him turn the boy on his side.
4. What does Michael say is scary about having a seizure? Name three things.
 5. According to the coach, why should they do these things? What should they never do?
 - a. Support the person's head
 - b. Turn him into his side and keep his head flat
 - c. Time the seizure
 6. What does the coach tell them to do even if they feel powerless?