

ANYONE WITH A BRAIN CAN BE AFFECTED BY EPILEPSY



Epilepsy is a neurological condition characterized by seizures. Seizures happen when there's sudden electrical interruption in the brain. The rest of the time the brain acts the same as everyone else.



OVER 50 MILLION PEOPLE

are living with epilepsy in the world today.

Around 1 in 26 people (in the USA) develop epilepsy at some point in their lives. It affects people of all ages!



COMMON CAUSES

**BRAIN TUMOURS
STROKES
DRUG AND ALCOHOL ABUSE
INJURIES TO THE HEAD**



Head injuries from accidents are a common cause of epilepsy in teenagers.

MYTHS

- 1: During a seizure, people shake, jerk, and fall on the floor.
- 2: You can restrain someone during a seizure by holding them down.
- 3: You can catch epilepsy from people.

TRUE! Many people with epilepsy can live long and happy lives.

TRUE

- FACT 1: There are over 20 kinds of epilepsy. Only 40% of seizures cause falls.
- FACT 2: No one can stop a seizure once it begins.
- FACT 3: No. It's not a disease.

ANYONE WITH A BRAIN CAN HELP OTHERS WITH EPILEPSY



WHAT ACTION CAN YOU TAKE TO HELP OTHERS?

