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# Integrating Social Emotional Learning (SEL) Framework in K-12 English Lessons to Promote 21st Century Learner's Profile

## Webinar handout

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### Ideas bank to cultivate SEL culture in all levels of English lessons

There are some of my best practices that you can adopt to integrate SEL and promote 21st-century skills at the same time. (read more about 21<sup>st</sup> century skills here:

<https://www.teachingenglish.org.uk/professional-development/teachers/21st-century-skills/magazine/rachael-roberts-21st-century-skills> )

#### 1. Setting core values for students

On your first day of the school term, you can collaborate with your students to think about what core values are good for creating a positive learning atmosphere. You can come up with a list of adjectives that show good behaviours like confident, fearless, unique, united, and unstoppable. Make sure to connect with 4 areas of SEL as follows;

- Self-awareness
  - You can associate this with an adjective like *confidence*.
- Self-management
  - You can associate this with a communication-style adjective.
- Social awareness
  - You can associate this with a team-building adjective.
- Relationship management

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- . You can associate this with an empathy awareness adjective.

## 2. Awarding session based on core values

Celebration is a must. It shows that teachers really pay attention to students' social and emotional needs. Provide a small presentation attached with award certification and celebrate with food and drinks in the class. This is a good time to connect with your students and listen to their stories, opinions, and aspirations.

## 3. Reward and consequences system in the classroom

SEL classroom appreciates a positive learning atmosphere. This is step-by-step how you do it:

- Agree on what rules must be addressed in the classroom
  - On the first day of a semester, ask the students what a positive classroom looks like.
- Set up consequences
  - We agree not to punish the students, but we build up a sense of responsibility.
- Be consistent and assign 'police'
  - I tally every misbehaving rule and keep a record with the help of student police.
- Reward established behaviours more often than punish
  - Besides counting up when students misbehave, it is better to pay attention to established positive behaviours. I hand out vouchers with points and if they reach a certain level of points, they can exchange them with special merchandise.

## 4. Show time and big performances

It is time for contextualized learning. An event like this will shape students' collaboration, communication, decision-making, critical thinking, digital literacy, leadership, and personal development skills. The best way to do this is to choose a big holiday celebration in your country or a global event celebration like World's Teacher Day and facilitate your students to share their ideas in the form of show and tell.

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A recording of Fatiha's webinar for World Teachers' Day 2023 can be watched here:

<https://www.teachingenglish.org.uk/news-events/world-teachers-day-2023/world-teachers-day-2023-friday-6-october>