

Online skills for 21st century teachers

Workbook

Your reflective journal
and additional learning
resources



This is a
TeachingEnglish
resource

Forward

We're delighted you've chosen to continue your professional development with TeachingEnglish training and look forward to learning with you over the coming weeks.

In this workbook you'll find additional learning materials to complement your course, places to note ideas of interest, encouragement and guidance in applying them within your teaching practice. Whether you prefer to save and update it on your device, to keep handwritten notes, or use it as a prompt for your on-the-go reflection, do what works for you. We hope you and your learners find it beneficial.

Happy learning.

The British Council open learning team.

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Your learning goals

Your course

Enhance your understanding of digital citizenship and your ability to help learners protect themselves online, be kind to others and assess information they find.

During this TeachingEnglish training, you'll engage with learning content in four modules, supported by a series of live online community events. You'll find practical support and encouragement from course tutors and other members of the [British Council courses for teachers global learning community](#) as you work to introduce new teaching ideas within your classroom.

Just as every classroom is unique, so is your learning journey. Ensure you're heading in the right direction by reflecting upon and noting your reasons for taking this course and learning goals. Keeping these in mind will help you focus on the most beneficial content and discussions for you.

Your goals and reasons for learning

Why are you taking this course? What do you want to be able to do?

Your learning tools

Online learning modules



After gaining confidence using your online learning platform and exploring effective learning strategies in the introductory Getting started module, you'll work through three further modules, each exploring a different area of teaching and learning. Involving an average of 12 hours of study, you will find a blend of theory, practical teaching suggestions and case studies that explore new ways of teaching. Repeat activities until you feel ready to move on. Return and review them as often as you like before the end of your course.

Learn how to access the online learning modules by visiting your course's page at <https://www.teachingenglish.org.uk/training>.

Courses for teachers community



Join course tutors and other educators working on their professional development in our supportive, Facebook-based learning community. You'll gain access to a wide selection of additional learning resources, you'll also have the opportunity to engage in developmental discussions while getting the support and encouragement you need to successfully bring ideas from the course into your classroom. Access all the discussions and content related to your specific course in [the Guides section](#).

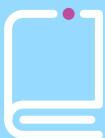
Find the community at <https://www.facebook.com/groups/coursesforteachers>

Live events



Attend live community events and webinars led by expert educators. These sessions are focused on different aspects of your course and provide you with an opportunity to seek answers to your questions - and share your own expertise and insights with other community members. Recordings of all live sessions are available on-demand. For more details, check the Events section on your online course platform.

Workbook



Use this workbook to keep a record of useful course and community content, questions you'd like to ask in the community, links to resources, or to note ideas from any of the live events. You can save a version online or print the workbook - or both.

Module 1

Digital footprint



Overview

The aim of this module is to help you as a language teacher learn how your digital footprint is built and where it can be found, the impact it can have, and how to build a digital footprint that serves you well. By the end you'll be able to:

1. identify ways you leave trails online
2. explain how to monitor and protect your digital footprint
3. recognise how digital footprints can affect an individual's future
4. explain how to manage a digital footprint in a way that affects you positively.

Further reading, teaching, and learning resources

Resource description (tap/click to open)	Type
A Childnet article exploring what to consider before sharing things online	Read
A Childnet blogpost with practical advice for parents	Read
Article exploring how parents can add to their child's digital footprints	Read
Article featuring advice for young people on managing their digital footprint	Read
Online safety resource for schools	Use
Secondary lesson plan about online safety	Use
Secondary lesson plan about the risks of social media	Use
A free digital education toolkit for UK-based institutions (registration required)	Visit
A common sense education video featuring teens: Oversharing and your digital footprint	Watch
A common sense education video for young learners: Follow the digital trail	Watch
Facebook live discussion about the digital skills needed by teachers	Watch
Facebook live discussion about the safe use of social media in education	Watch
Webinar exploring how to raise awareness and approach digital tools with young learners.	Watch
Webinar exploring how teachers keep young people informed on safe internet use.	Watch

Your learning

This is a space to record ideas from the course. You may have lots to write in some sections, less in others. The important thing though is to note some ideas that may be useful for you and your learners.

Describe three things you learned from...

Your online module

Live community events

Discussions and learning resources shared here and in the course community

Plan it

Describe one thing you will change in your teaching. Why have you chosen it?

What challenges might arise when you try to make this change?

What could you do to meet those challenges?

Teach it

Try it out and come back here to reflect on the experience. What did you learn?

Module 2

Digital empathy



Overview

The aim of this module is to help you as a language teacher think about yourself and your learners as part of the online community and how your words and actions can have a positive impact on that community. You'll learn to:

1. identify ways you communicate with your online communities
2. recognise the benefits and risks of online relationships
3. describe negative online behaviours and how to respond to them
4. demonstrate the ability to respond appropriately to others online.

Further reading, teaching, and learning resources

Resource description (tap/click to open)	Type
Article about the development of teachers' digital literacies	Read
Let's talk about cyberbullying.	Read
A lesson plan about the English language and other languages	Use
A selection of digital citizenship resources for teachers from Common Sense Education	Use
A selection of resources for teachers exploring online respect and relationships	Use
A self-study guide for teachers and teacher educators looks at promoting 21st century skills	Use
Digital dilemmas from Common Sense Education.	Use
Primary lesson plan about how the internet has changed our lives.	Use
Above The Noise video exploring the impact of social media on teens.	Watch
Session on online safety and key safeguarding issues for YLs and teens	Watch
Session on the benefits of integrating online community projects into language curriculums	Watch
UK Safer Internet Centre short films about online respect and relationships.	Watch
Webinar exploring how to safely optimise learning YL learning in online teaching contexts	Watch

Your learning

Which new ideas in Module 2 are most useful for you? Note them here together with any questions you'd like to ask in the [British Council courses for teachers](#) learning community.

Describe three things you learned from...

Your online module

Live community events

Discussions and learning resources shared here and in the course community

Plan it

Describe one thing you will change in your teaching. Why have you chosen it?

What challenges might arise when you try to make this change?

What could you do to meet those challenges?

Teach it

Try it out and come back here to reflect on the experience. What did you learn?

Module 3

Critical thinking online



Overview

The aim of this module is to help you as a language teacher differentiate between different types of digital media and guide your learners to think critically about the information they encounter online. You'll:

1. have strategies to search for information online
2. understand how to access and share content legally
3. recognise barriers to critical thinking about information online
4. understand how and why digital media can be altered
5. demonstrate how to find credible information online.

Further reading, teaching, and learning resources

Resource description (tap/click to open)	Type
Podcast exploring effective online teaching	Listen
Podcast exploring why 21st century skills are important, and considerations for curricula	Listen
An overview of digital literacies.	Read
Article from Edutopia with suggestions for helping learners evaluate websites	Read
Article from the UK Safer Internet Centre with tips for spotting fake news	Read
21st century skills self-study booklet for teachers	Use
British Council lesson for teens on fake news	Use
Quiz and family resource pack from the Guardian exploring fake news	Use
Discussion about the nature and importance of 21st century skills	Watch
Gary Brooks discusses effective use of video in the ELT classroom	Watch
Hind Elyas looks at 21st Century Skills and ideas for applying them in the classroom.	Watch
John Hughes explores critical and creative thinking in the English Language classroom.	Watch
Karen and Davide talk about the skills teachers need in a digital era	Watch
Nik Peachey looks at promoting creativity in digital learning	Watch
Webinar on using mobile devices and video to view, create and communicate	Watch

Your learning

Note any ideas you found particularly interesting and might like to bring into your classroom. Why not share them with other members of the [British Council courses for teachers](#) learning community?

Describe three things you learned from...

Your online module

Live community events

Discussions and learning resources shared here and in the course community

Plan it

Describe one thing you will change in your teaching. Why have you chosen it?

What challenges might you face when making this change?

What could you do to meet those challenges?

Teach it

Try it out and come back here to reflect on the experience. What did you learn?

Your action plan

Make an action plan focused on applying learning from this the course. Complete any sentences that help you do this. Come back and check your plan now and then.

In the next two weeks, I am going to...

Over the next two months, I'm going to...

Before the end of the school year, I'm going to...

Next school year, I want to...

What do you want to learn about next? Explore our [framework for teacher knowledge and skills](#) for inspiration, support and materials.



Well done - you've made it to the end of the course! We hope you've found it useful, and will join us on another very soon. Learn more about free teacher training courses with the British Council at:

https://www.teachingenglish.org.uk/training_